

## **SRP 2024 Adult Activities**

Read a book about the environment

Walk or bike to a place where you would normally drive

Go thrifting instead of purchasing something new

Grow an edible plant

Visit a local state park or county nature preserve

Volunteer at a food pantry or community garden

Watch a nature documentary

Read or listen to a book using our Digital Library

Make a craft from recycled materials or your own craft scraps

Visit a farmer's market

Write a poem about nature

Get outside and take photographs of nature

Go birding (you can download the Merlin Bird ID app to help with identification)

Call or visit an old friend

Plant a flower to feed the bees

Visit the Riverside Historical Commission tour page online and take a walk using either the virtual or the print map!  
<https://www.riverside.il.us/532/Tours>

## **SRP 2024 Kids Activities**

Take a walk and pick up any litter you see

Draw or take a photo of a flower

Use a refillable water bottle

Write a poem about nature

Go for a bike ride or play at a park

Visit a farmer's market

Use a reusable bag next time you shop

Read to a pet or to a plant

Go birding - how many different birds do you see?

Eat a vegetable at your next meal or snack

Donate used items to give them new life

Read a book outdoors

Volunteer or visit the Community Garden

Read a book about insects or plants

Watch the clouds - what shapes do you see?

Make a craft from recycled materials

Attend a Library program

Grow an edible plant in your yard or a pot

Visit a State or National Park

